The following are the races where a Jockey has only one ride at that meeting and that horse is the Trainer's only horse at that meeting.

Produced purely for your information (and/or) entertainment. I am not a tipster!

Course	Time	RS D	Horse	Jockey	JWP	Trainer	Form	LTO	CIC	CW	DW	CDW BF		GW GP		CWs CP		Sex	R4	F/C	
Kempton	1:35	2	Here I Am	Sam Thomas	0.00%	Diana Grissell	3F00	175		No	No	No	No	0	0	0	0	g	1.07	51.00 [	]
Kempton	2:40	2	Grands Crus	Tom Scudamore	20.00%	David Pipe	P3P7	212	No	Yes	Yes	No	No	2	0	2	0	g	4.21	3.88 [	]
Kempton	3:10	3	Theatre Guide	Joe Tizzard	14.29%	Colin Tizzard	3PFP1	195	+1	No	No	No	No	0	1	1	0	g	3.82	3.42 [	]
Kempton	4:15	2	Headlys Bridge	Ryan Hatch	11.11%	Simon Earle	52257	202	No	No	Yes	No	No	0	0	1	2	g	3.57	9.50 [	]
Kempton	4:15	3	Bollin Judith	Trevor Whelan	18.18%	Jim Best	54312	54	No	No	Yes	No	No	2	3	0	5	m	3.41	6.50 [	]
Plumpton	3:00	1	Aldopicgros	Nick Scholfield	15.00%	Paul Nicholls	13	15		No	No	No	No	0	0	0	0	g	3.20	1.67 [	]
Plumpton	3:00	3	Unidexter	Marc Goldstein	27.27%	Sheena West	33	31	No	No	No	No	No	0	0	0	0	g	2.23	8.00 [	]
Plumpton	3:30	3	Croco Mister	Ben Poste	0.00%	Rosemary Gasson	22542	29	No	No	No	No	No	0	0	0	2	g	4.25	3.30 [	]
Plumpton	4:05	1	Morestead	Mikey Hamill	20.00%	Brendan Powell	645633	12	+1	Yes	Yes	No	No	1	2	3	2	g	3.94	8.33 [	]
Wolverhampton (AW)	4:55	2 2	Kyle Of Bute	Josh Baudains	16.67%	Richard Ford	696152	23	No	No	No	Yes	No	2	7	4	8	g	3.84	6.75 [	]
Wolverhampton (AW)	5:25	3 4	Rhinestone Rebel	William Carson	14.00%	Peter Hiatt	77	14	No	No	No	No	No	0	0	0	0	g	1.30	53.67 [	]

RS = R4 status.

CW = Course Winner.

GP = Going Places.

D = Draw.

DW = Distance Winner.

CWs = Course Wins.

JWP = Jockey Win %.

CDW = Course & Distance Winner.

CP = Course Places.

LTO = Days since last race.

BF = Beaten Fav.

R4 = R4.

CIC = Change in Class.

GW = Going Winner.

F/C = My forecast Price.