The following are the races where a Jockey has only one ride at that meeting and that horse is the Trainer's only horse at that meeting.

Produced purely for your information (and/or) entertainment. I am not a tipster!

Course	Time	RS	D	Horse	Jockey	JWP	Trainer	Form	LTO	CIC	CW	DW	CDW	BF	GW	GP	CWs	CP	Sex	R4	F/C	
Ffos Las	12:25	1		Akdam	Josh Hamer	23.08%	Tony Carroll	232314	30	+1	No	Yes	No	No	0	0	2	1	g	4.78	4.50	[ ]
Ffos Las	12:25	3		Forced Family Fun	Brian Hughes	18.00%	John Quinn	1U	12	No	No	Yes	No	Yes	1	0	0	0	g	1.25	2.25	[ ]
Ffos Las	2:05	2		Rally	David Bass	9.09%	Nicky Henderson	21518	30	No	No	Yes	No	No	0	0	0	0	g	3.98	6.17	[ ]
Plumpton	12:40	1		Lambs Cross	Patrick Corbett	33.33%	Mark Gillard	F3F51	24	+2	No	No	No	No	0	0	0	0	g	4.00	9.33	[ ]
Plumpton	1:15	3		Call The Cops	Andrew Tinkler	30.00%	Nicky Henderson	13	38	No	No	No	No	Yes	1	0	0	1	g	2.90	3.92	[ ]
Plumpton	2:55	3		Ballyman	Mark Grant	6.67%	Jonathan Geake	32233	14	No	No	No	Yes	No	0	7	2	7	g	3.63	8.17	[ ]
Wolverhampton (AW)	3:40	3	2	Kantara Castle	Sean Levey	22.00%	Richard Hannon	6833	14	No	No	No	No	Yes	0	2	0	2	c	3.04	5.08	[ ]
Wolverhampton (AW)	4:40	2	1	Severiano	Andrea Atzeni	20.00%	Roger Varian	203	153	No	No	No	No	No	0	2	0	2	g	4.01	2.94	[ ]

RS = R4 status.	*D = Draw.*	*JWP = Jockey Win %.*	*LTO = Days since last race.*	*CIC = Change in Class.*
CW = Course Winner.	*DW = Distance Winner.*	*CDW = Course & Distance Winner.*	*BF = Beaten Fav.*	*GW = Going Winner.*
GP = Going Places.	*CWs = Course Wins.*	*CP = Course Places.*	*R4 = R4.*	*F/C = My forecast Price.*